

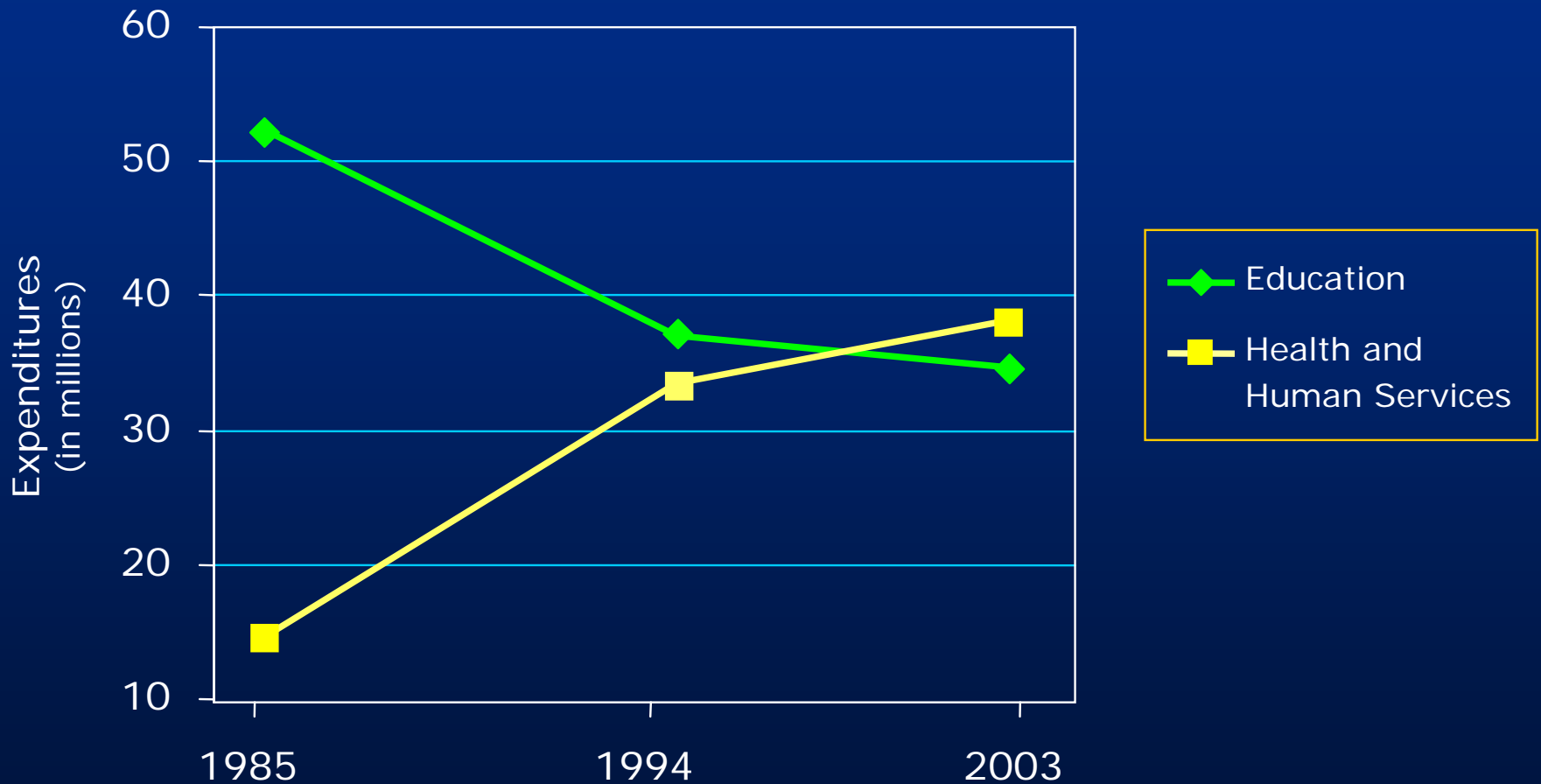
The State of Our Health: An Investment in Partnership

Eduardo J. Sanchez, M.D., M.P.H.

Texas Commissioner of Health

Co-Chair, Texas State Strategic Health Partnership

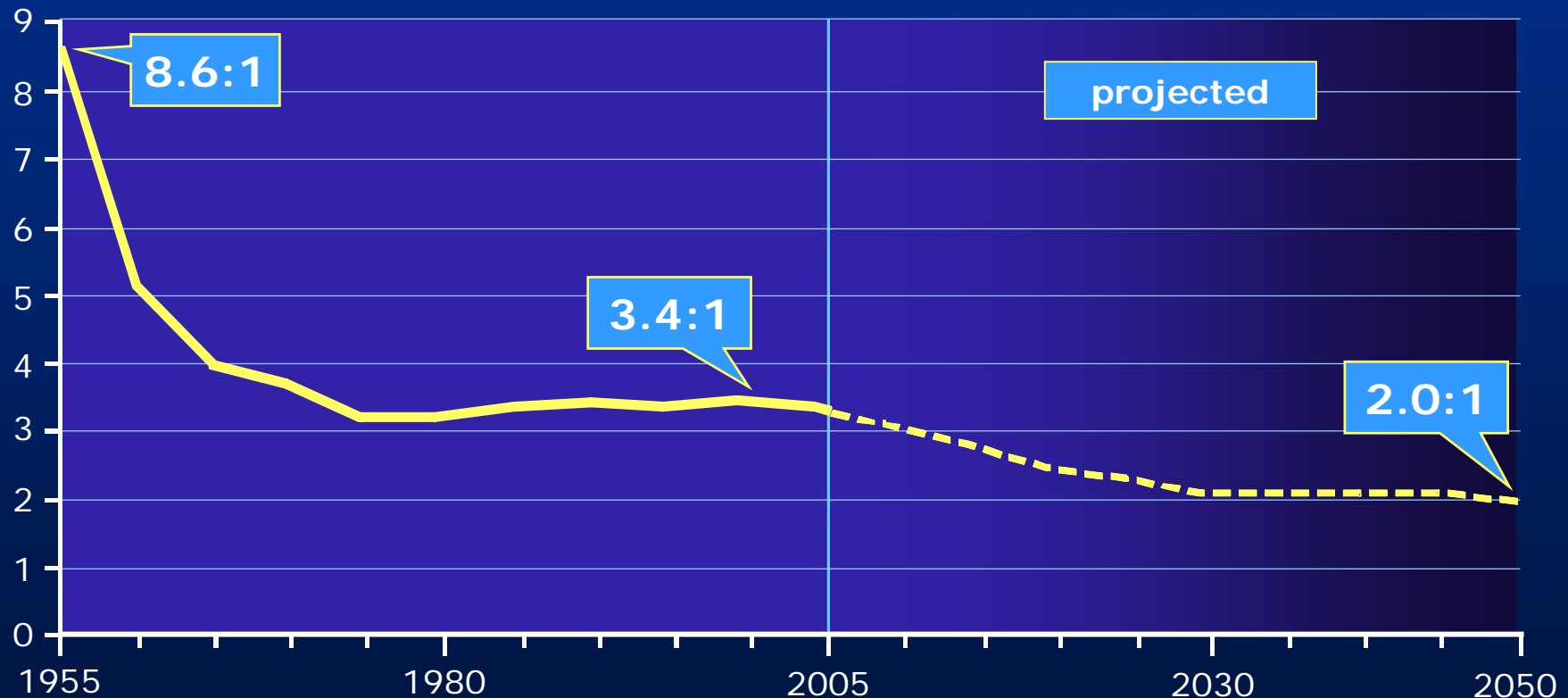
Texas Expenditure History by Function 1985-2003



Source: Texas Comptroller of Public Accounts.

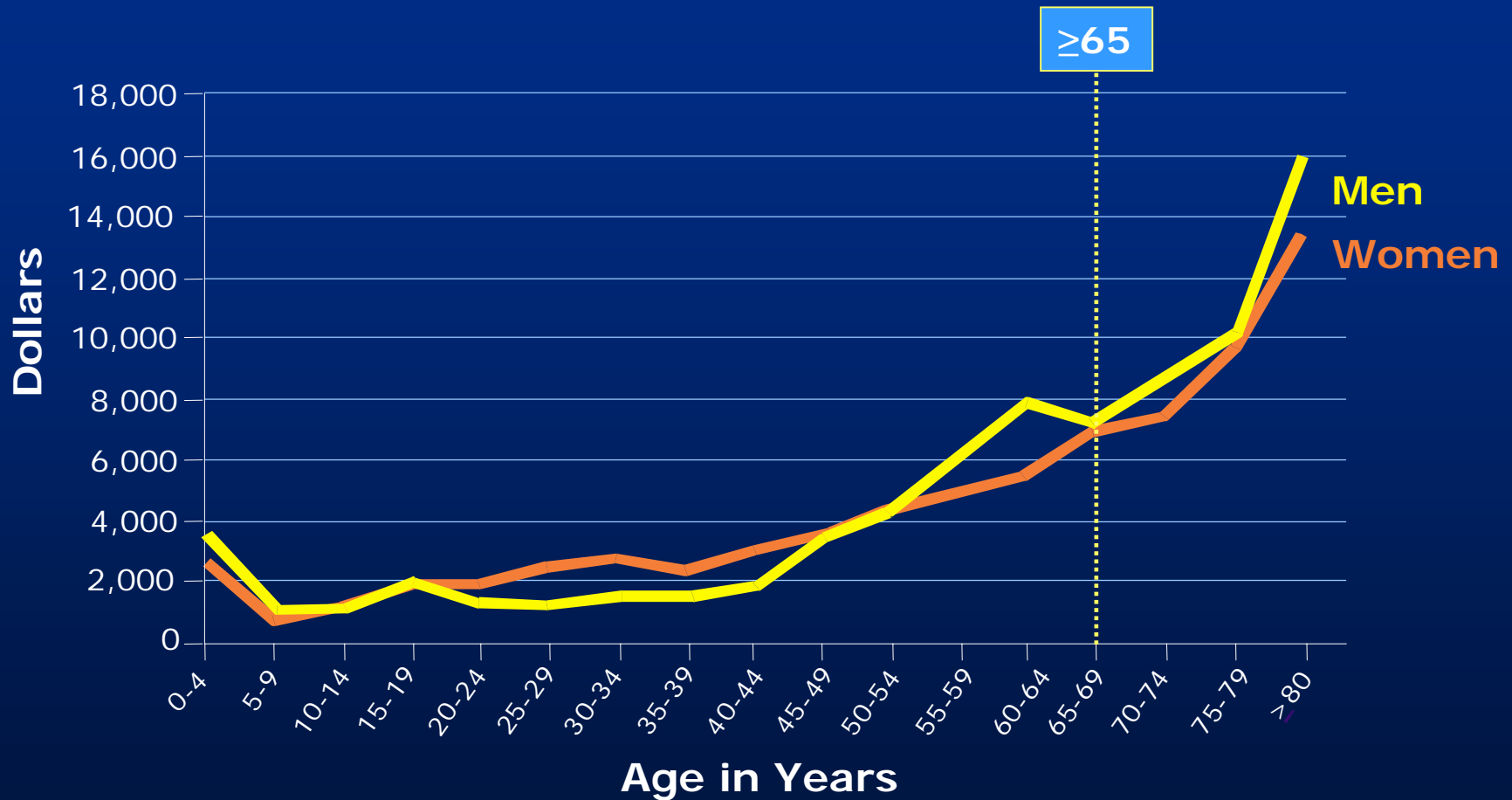
Worker-to-Retiree Ratio Drops

Projected number of workers paying into social security fund compared with number of retirees withdrawing from the fund



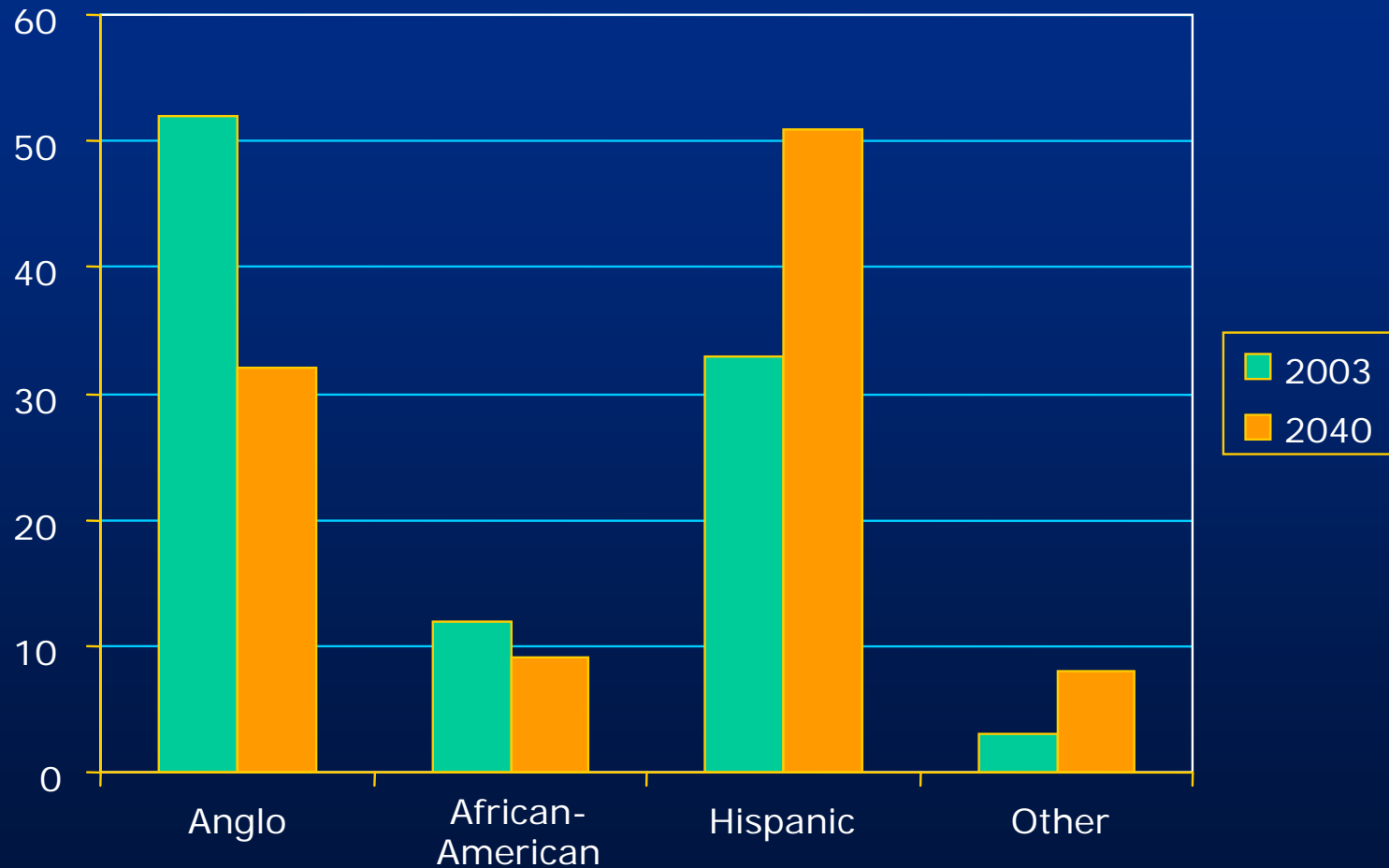
Source: Eugene Streuerle and Adam Carasso, Urban Institute. Based on data from the 2001 Social Security Trustees Report. **USA Today**, December 4, 2001.

Estimated Per Capita Health Expenditures by Age and Sex, 1995



Source: From Baby Boom to Elder Boom: Providing Health Care for an Aging Population
Copyright 1996, Watson Wyatt Worldwide.

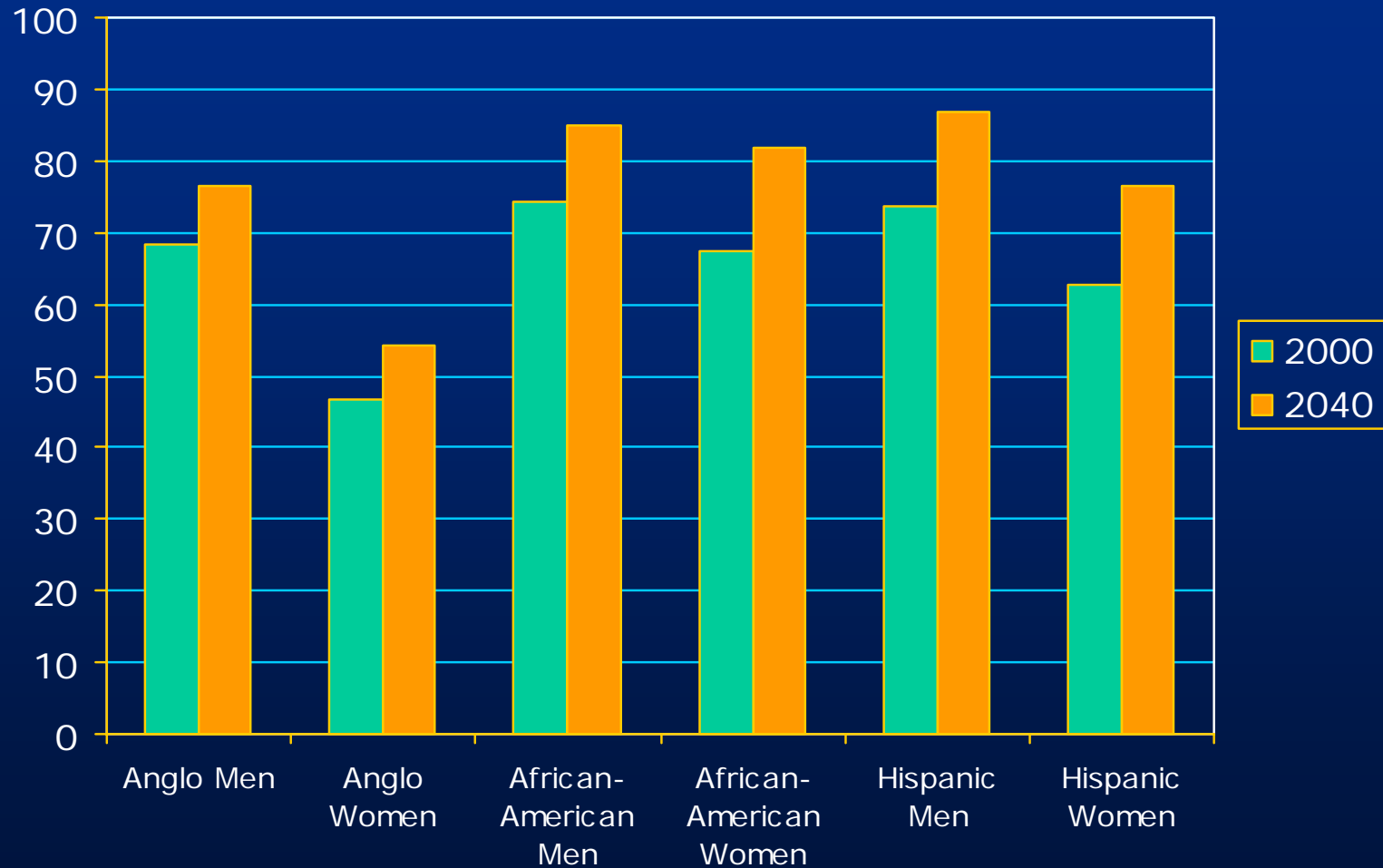
Texas Population 2003 and 2040 Projection



Source: Texas State Data Center, Texas A&M University.

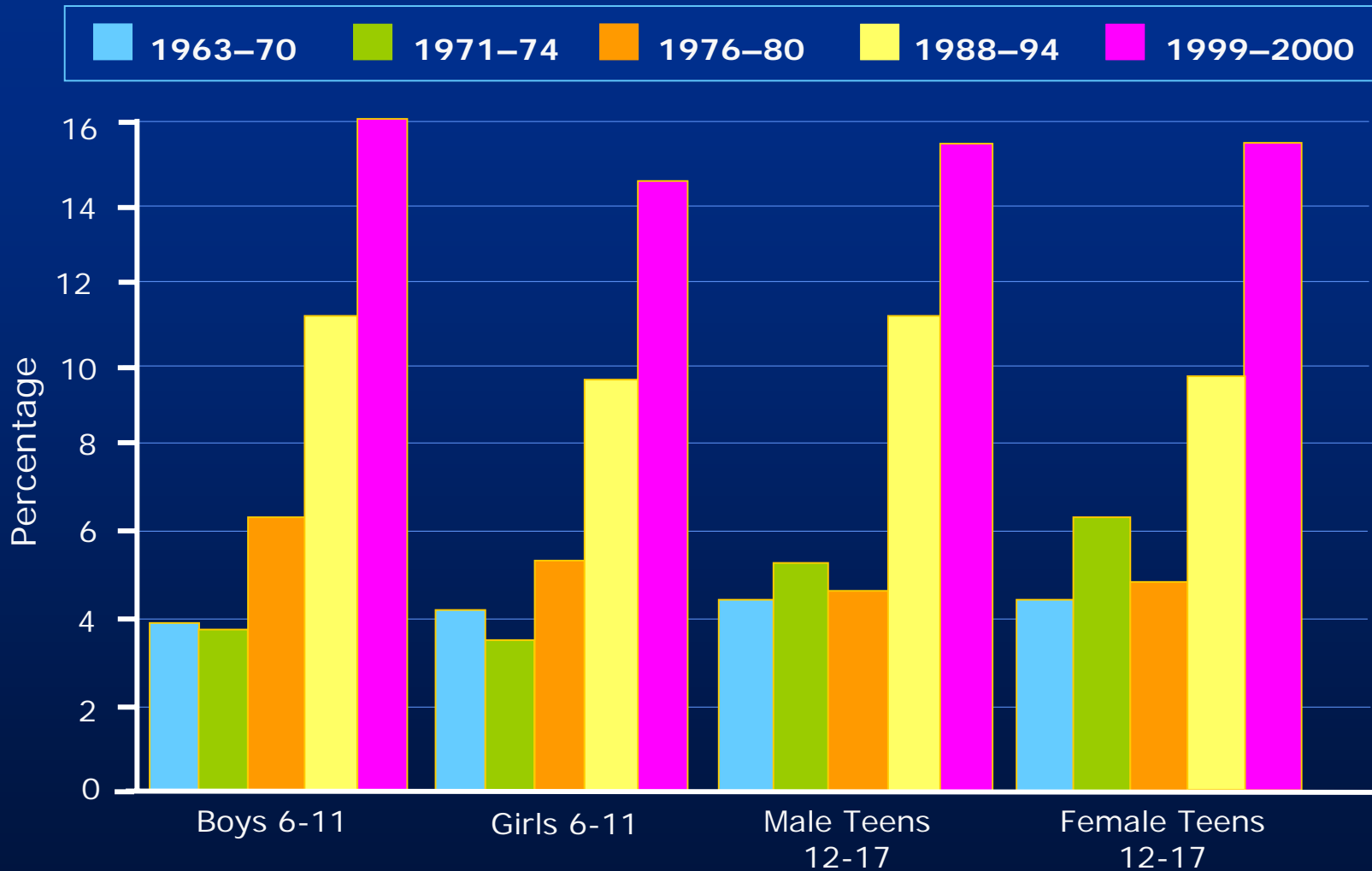
Overweight and Obese Adults by Sex and Race

2000 and 2040 Projection



Source: Texas Department of Health.

Percentage of Overweight Children and Teens



Source: Ogden CL, et al. Prevalence and trends in overweight among US children and adolescents, 1999 -2000. JAMA 288:1728-32.2002.

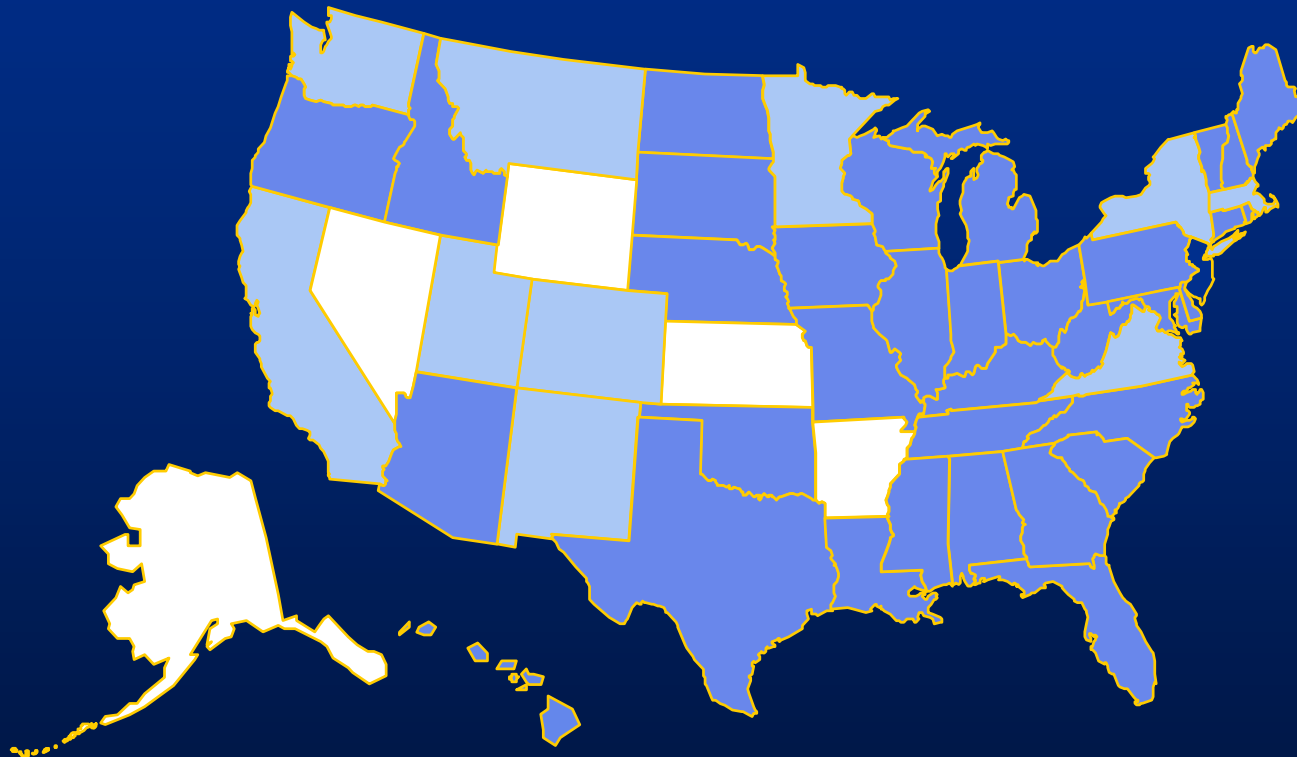
America's Fattest Cities – 2004

1. Detroit
2. **Houston**
3. **Dallas**
4. **San Antonio**
5. Chicago
6. **Fort Worth**
7. Philadelphia
8. **Arlington, TX**

Obesity Trends* Among U.S. Adults

BRFSS, 1990

(*BMI ≥ 30 , or ~ 30 lbs overweight for 5'4" woman)

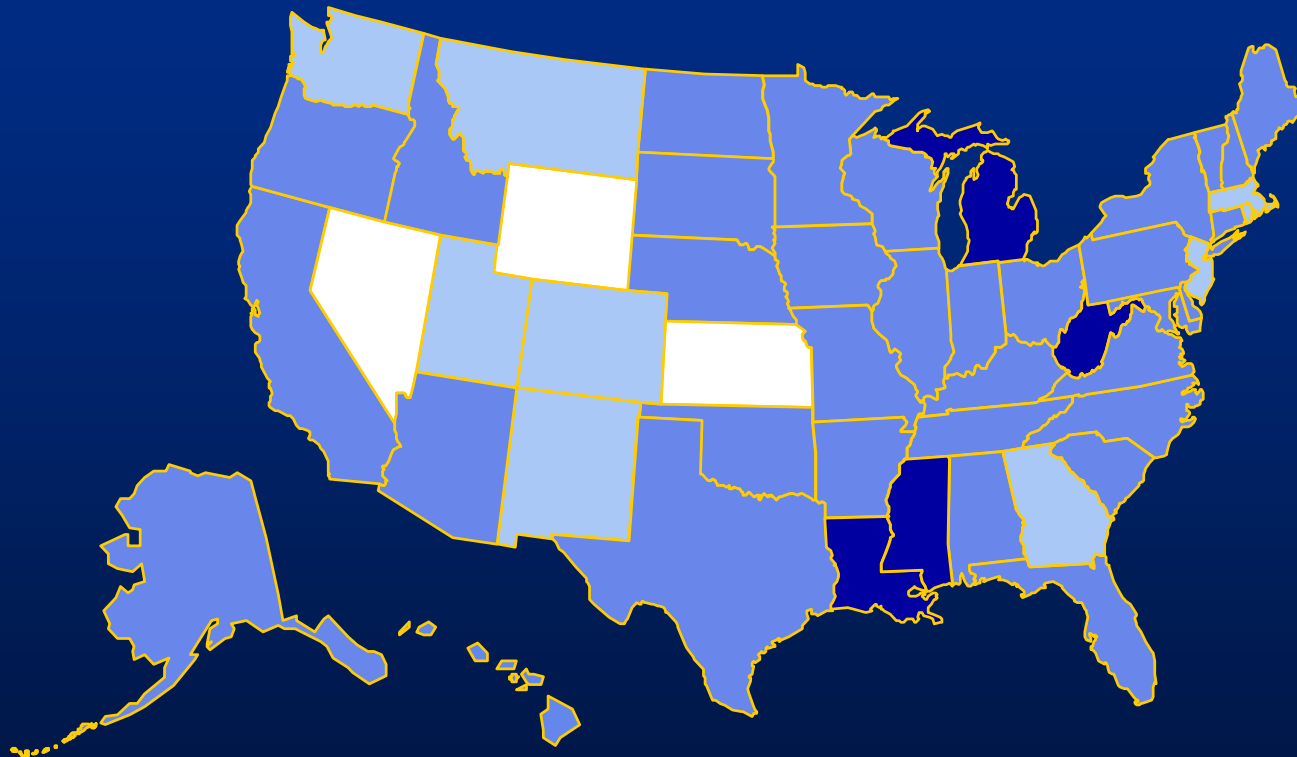


Source: Behavioral Risk Factor Surveillance System, CDC.

Obesity Trends* Among U.S. Adults

BRFSS, 1991

(*BMI ≥ 30 , or ~ 30 lbs overweight for 5'4" woman)



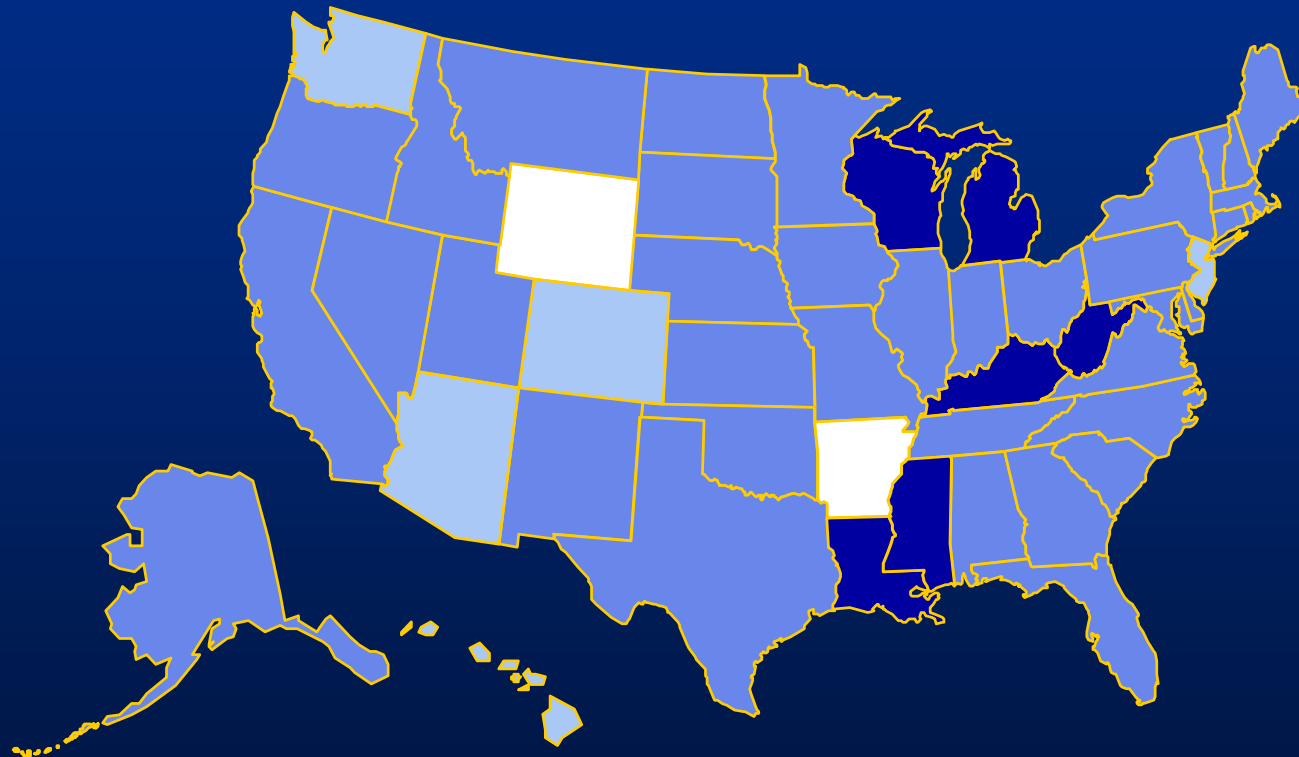
■ No Data ■ <10% ■ 10%-14% ■ 15%-19%

Source: Behavioral Risk Factor Surveillance System, CDC.

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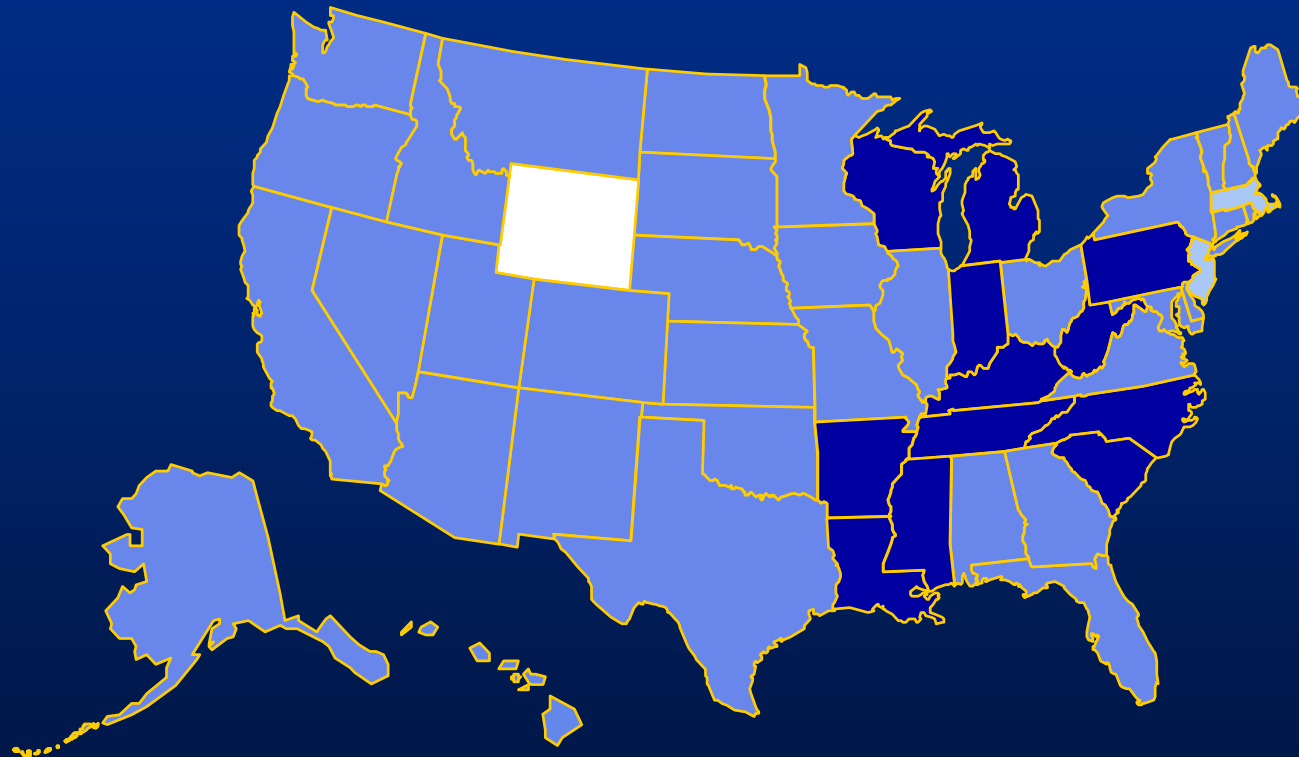
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Source: Behavioral Risk Factor Surveillance System, CDC.

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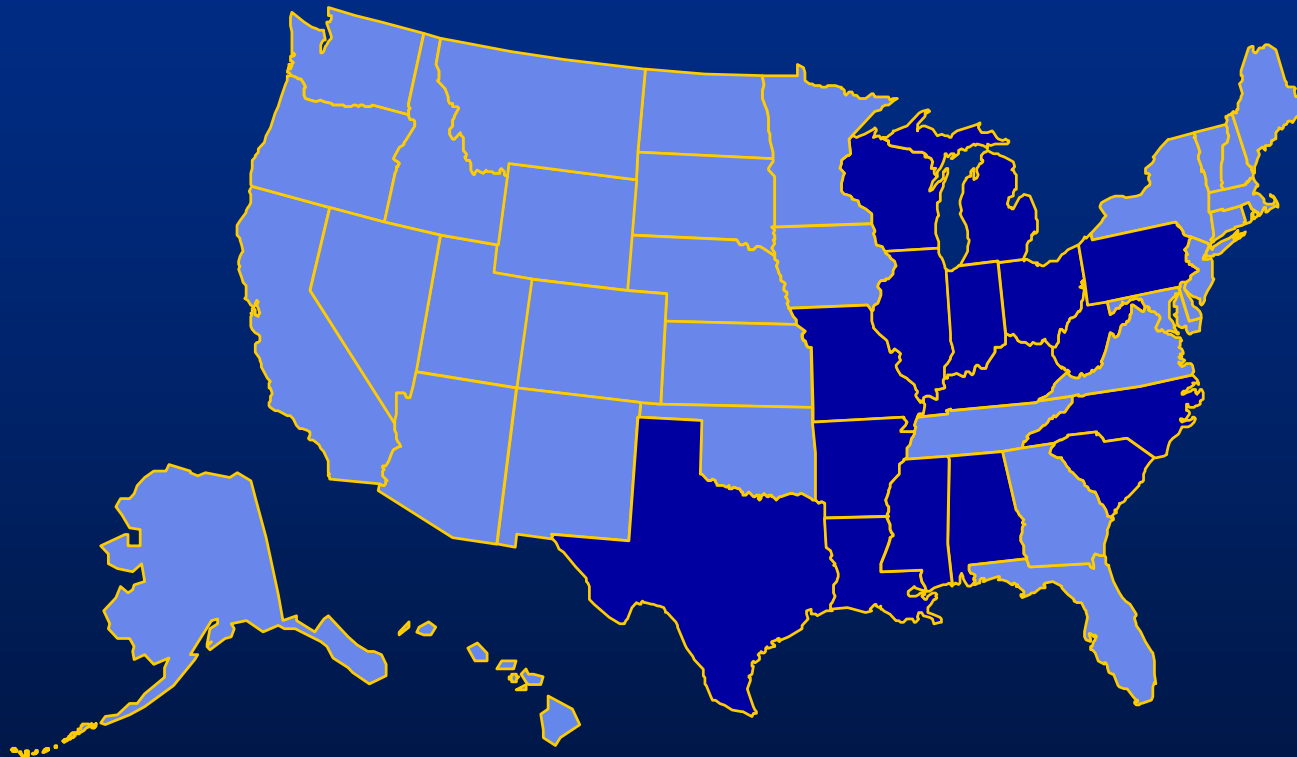


Source: Behavioral Risk Factor Surveillance System, CDC.

Obesity Trends* Among U.S. Adults

BRFSS, 1994

(*BMI ≥ 30 , or ~ 30 lbs overweight for 5'4" woman)

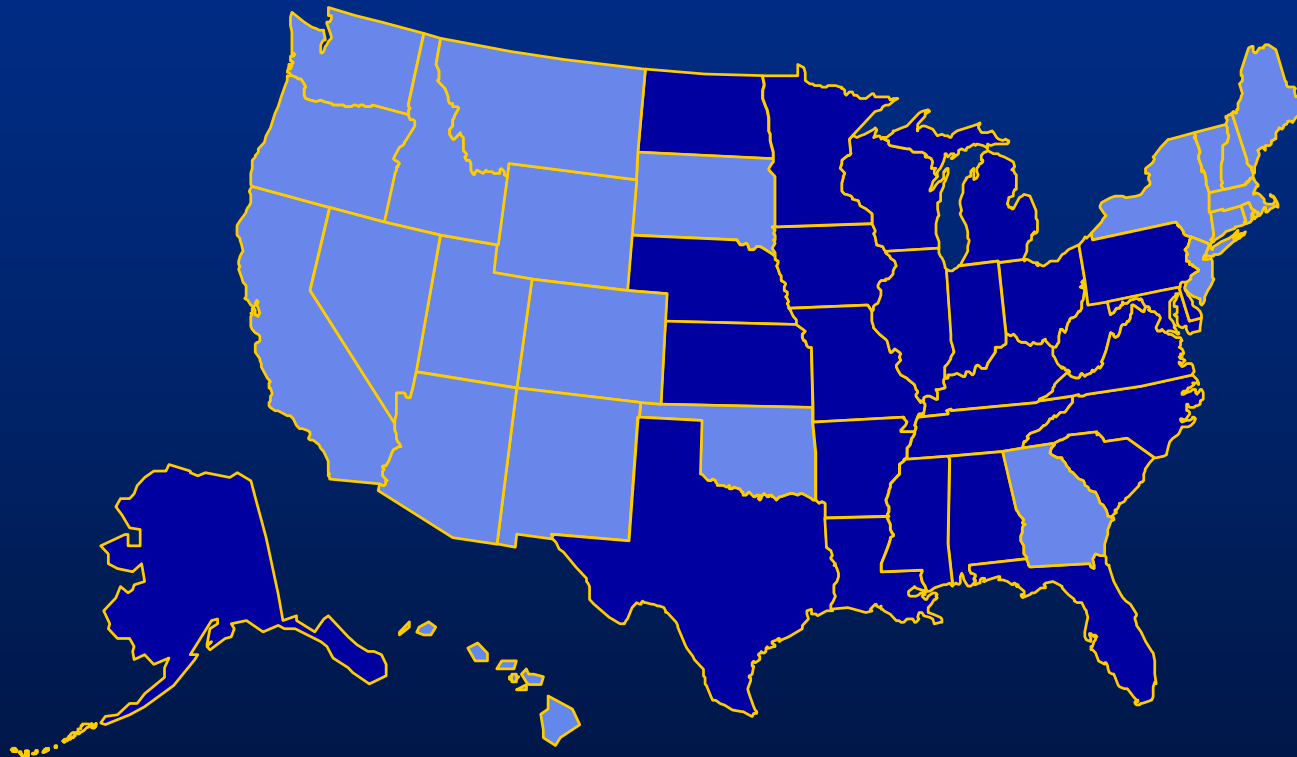


Source: Behavioral Risk Factor Surveillance System, CDC.

Obesity Trends* Among U.S. Adults

BRFSS, 1995

(*BMI ≥ 30 , or ~ 30 lbs overweight for 5'4" woman)



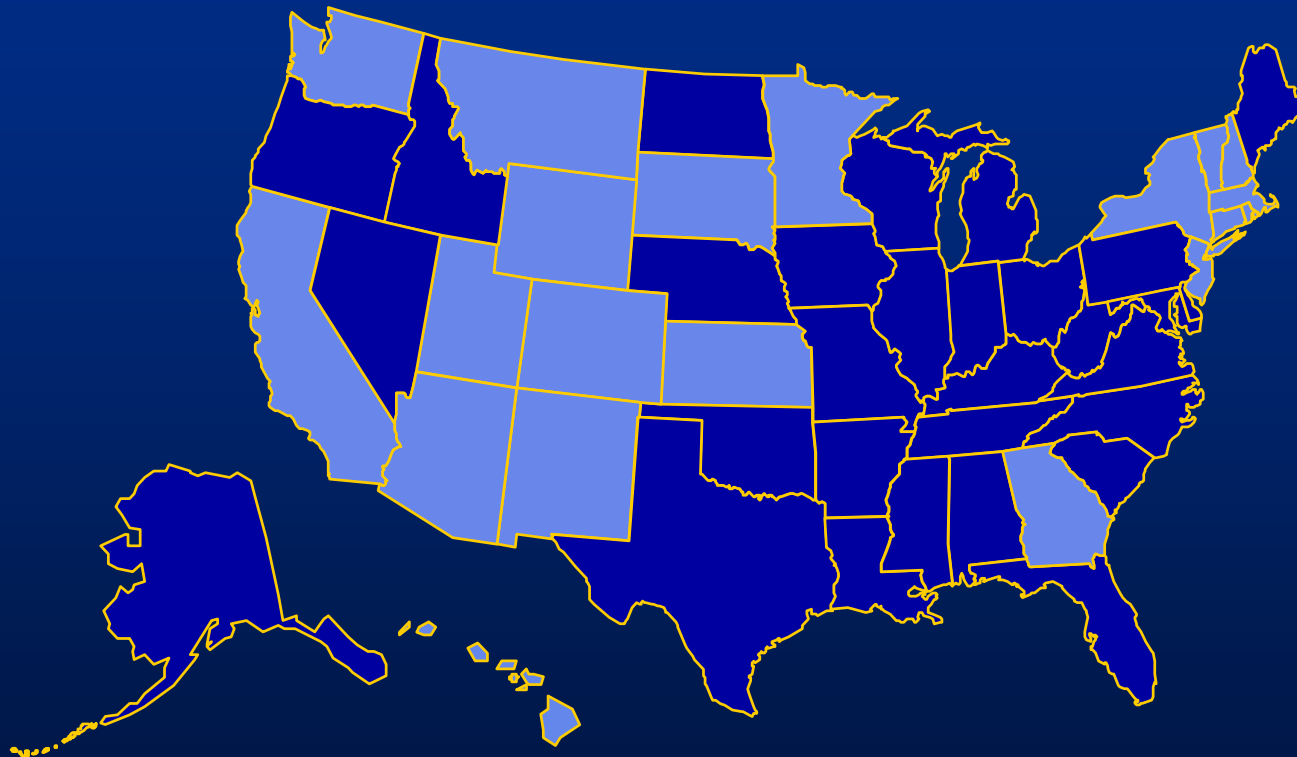
■ No Data ■ <10% ■ 10%-14% ■ 15%-19%

Source: Behavioral Risk Factor Surveillance System, CDC.

Obesity Trends* Among U.S. Adults

BRFSS, 1996

(*BMI ≥ 30 , or ~ 30 lbs overweight for 5'4" woman)

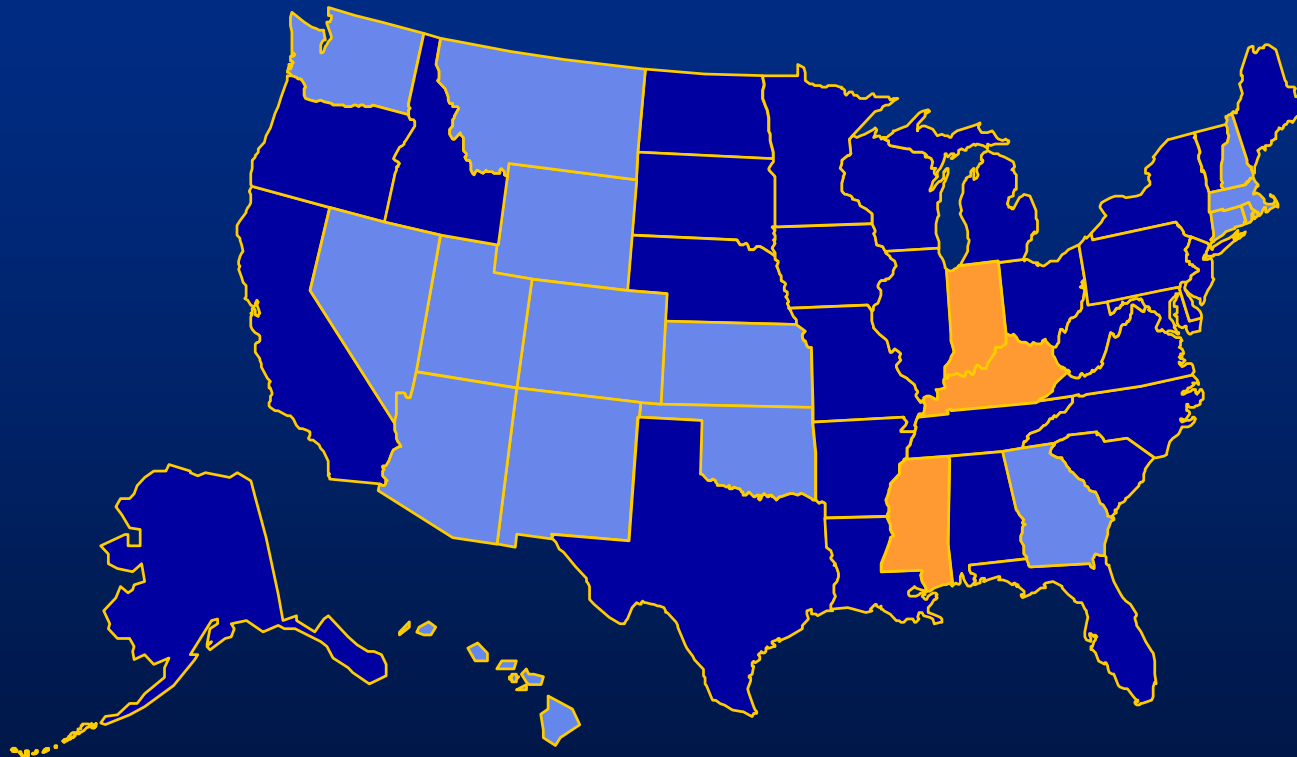


Source: Behavioral Risk Factor Surveillance System, CDC.

Obesity Trends* Among U.S. Adults

BRFSS, 1997

(*BMI ≥ 30 , or ~ 30 lbs overweight for 5'4" woman)



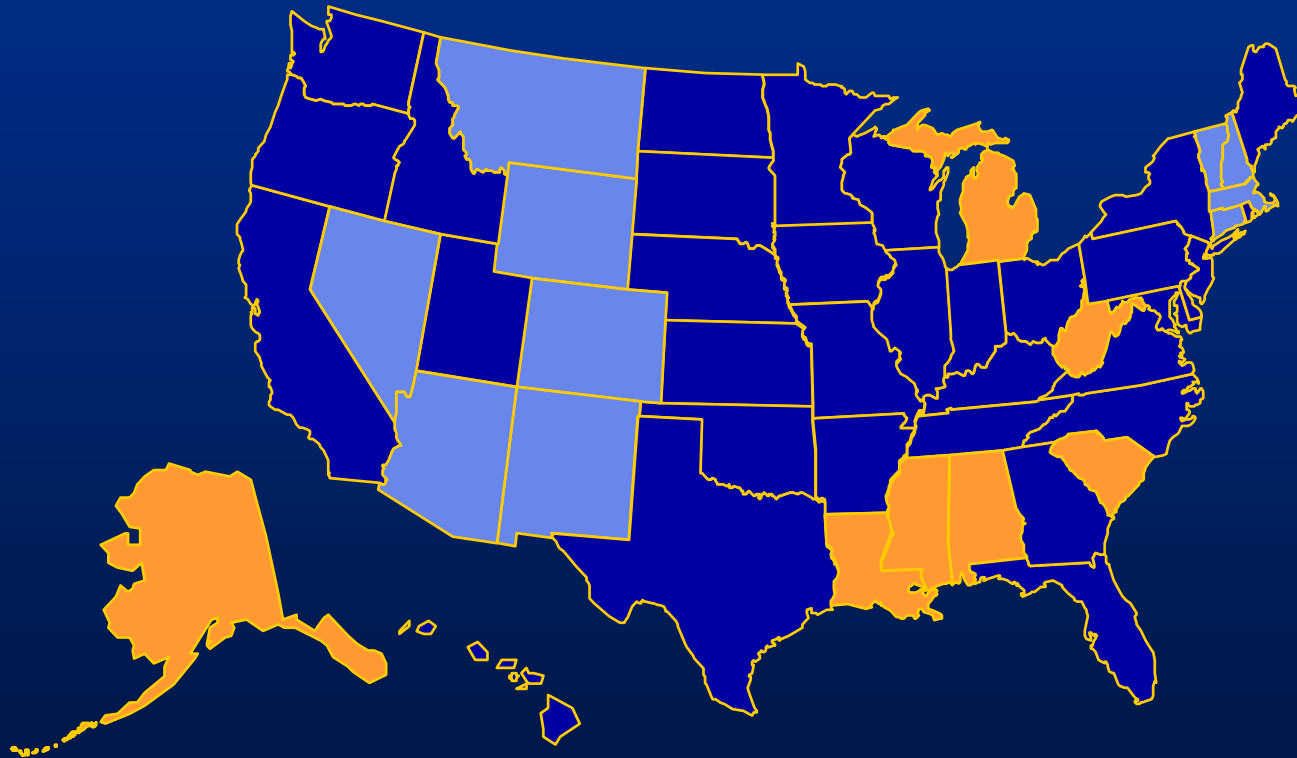
■ No Data ■ <10% ■ 10%-14% ■ 15%-19% ■ ≥20%

Source: Behavioral Risk Factor Surveillance System, CDC.

Obesity Trends* Among U.S. Adults

BRFSS, 1998

(*BMI ≥ 30 , or ~ 30 lbs overweight for 5'4" woman)

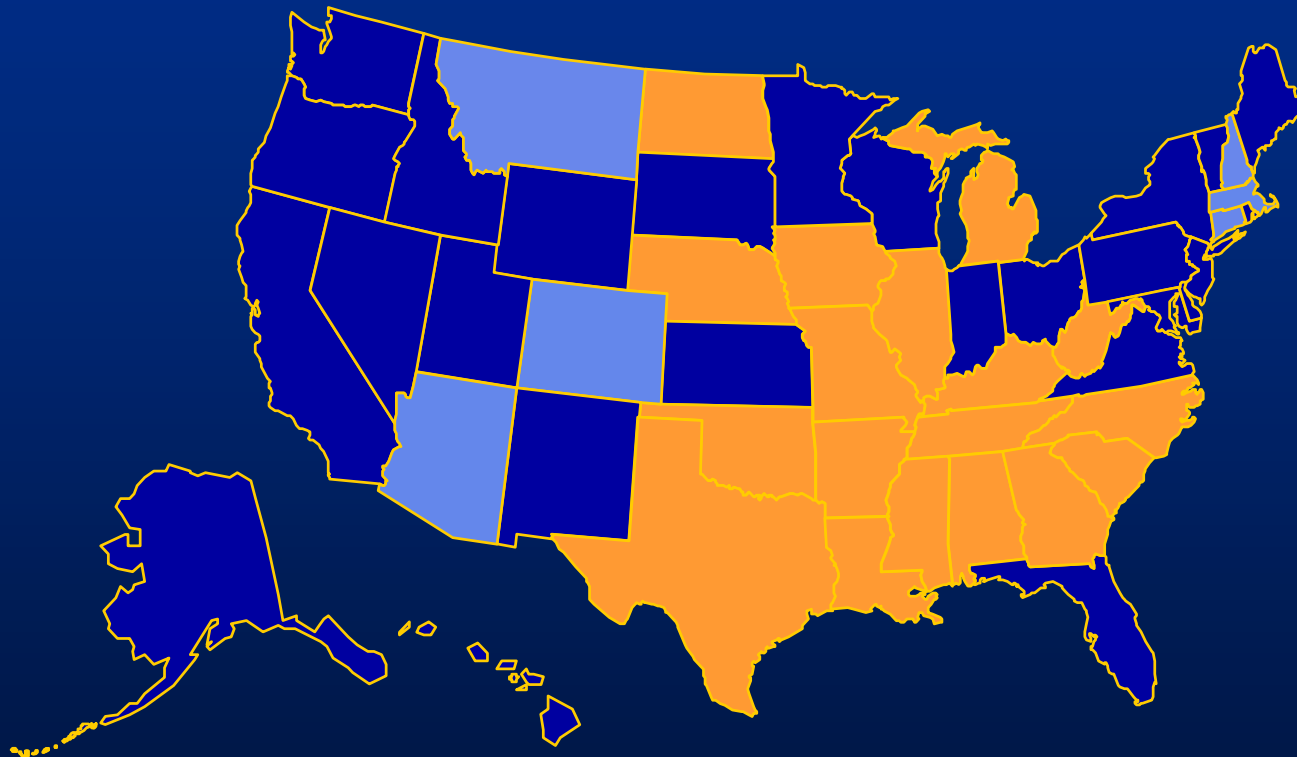


Source: Behavioral Risk Factor Surveillance System, CDC.

Obesity Trends* Among U.S. Adults

BRFSS, 1999

(*BMI ≥ 30 , or ~ 30 lbs overweight for 5'4" woman)

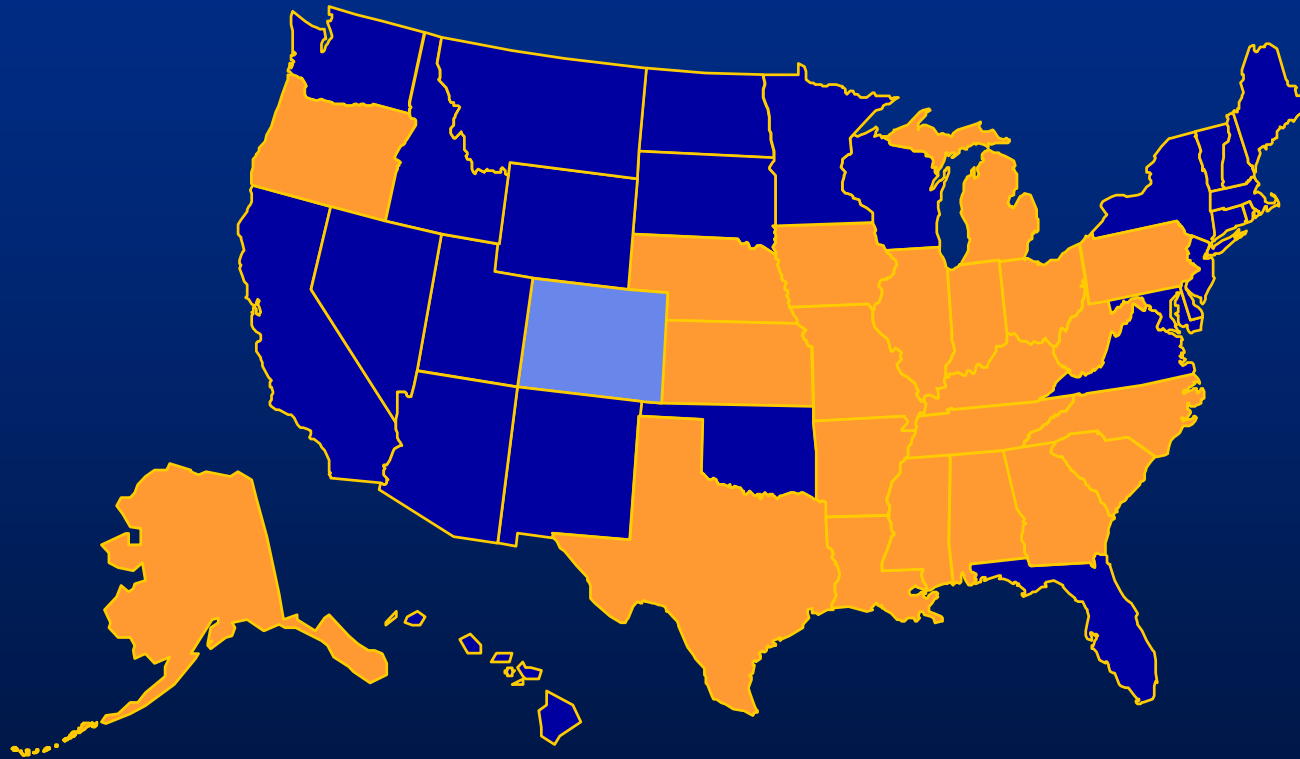


Source: Behavioral Risk Factor Surveillance System, CDC.

Obesity Trends* Among U.S. Adults

BRFSS, 2000

(*BMI ≥ 30 , or ~ 30 lbs overweight for 5'4" woman)

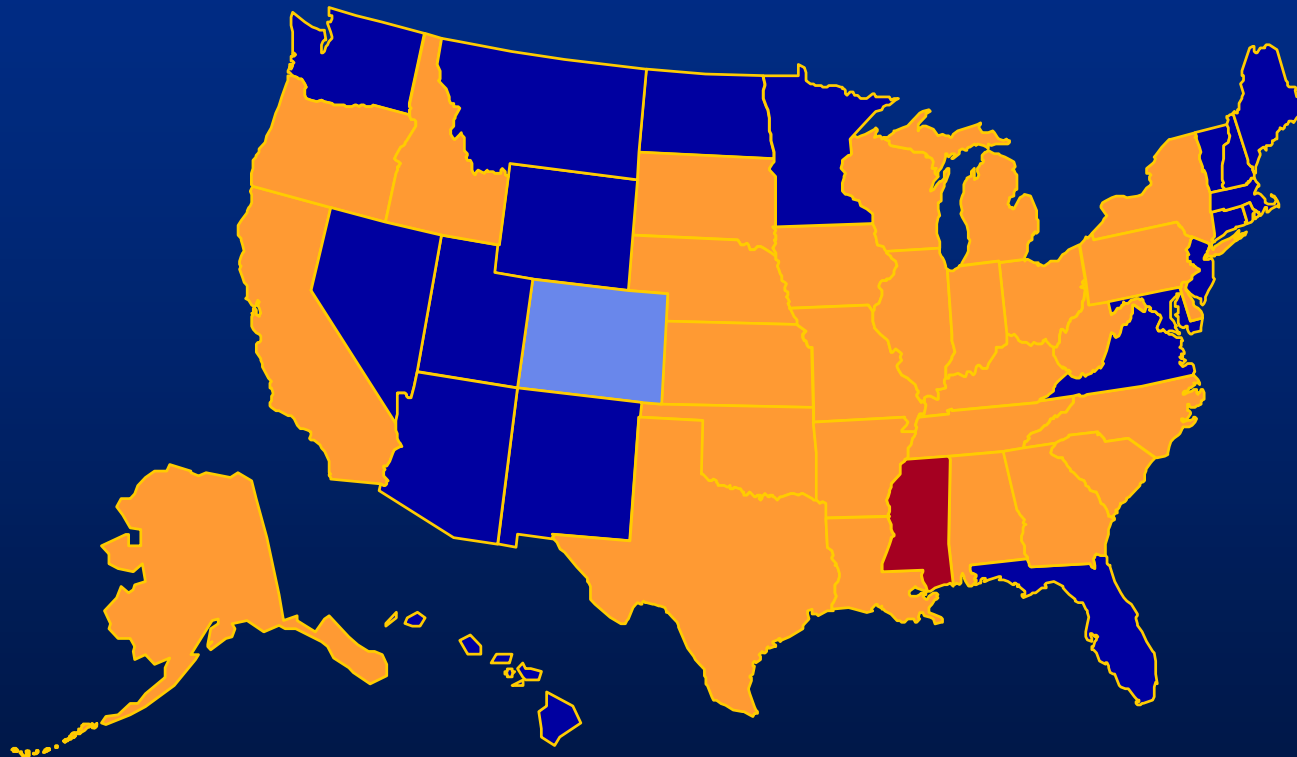


Source: Behavioral Risk Factor Surveillance System, CDC.

Obesity Trends* Among U.S. Adults

BRFSS, 2001

(*BMI ≥ 30 , or ~ 30 lbs overweight for 5'4" woman)



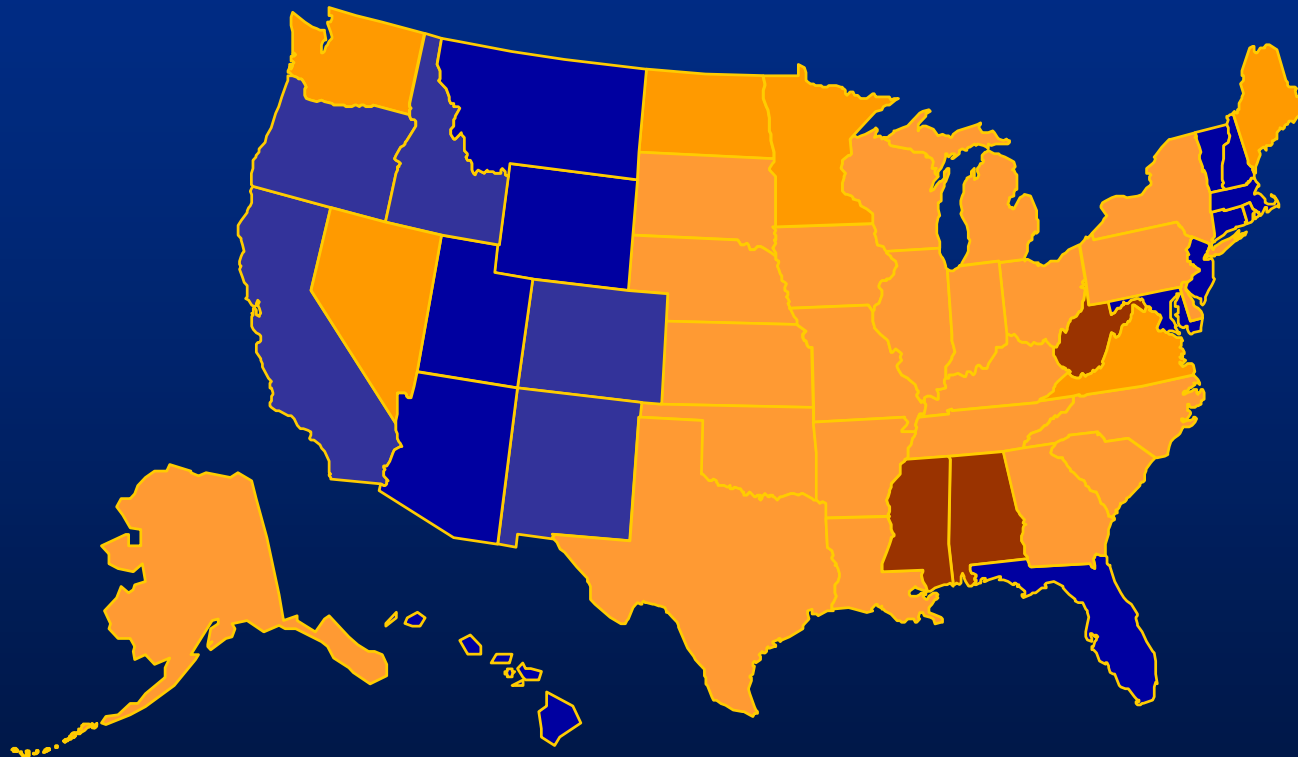
■ No Data ■ <10% ■ 10%-14% ■ 15%-19% ■ 20%-24% ■ ≥25%

Source: Behavioral Risk Factor Surveillance System, CDC.

Obesity Trends* Among U.S. Adults

BRFSS, 2002

(*BMI ≥ 30 , or ~ 30 lbs overweight for 5'4" woman)

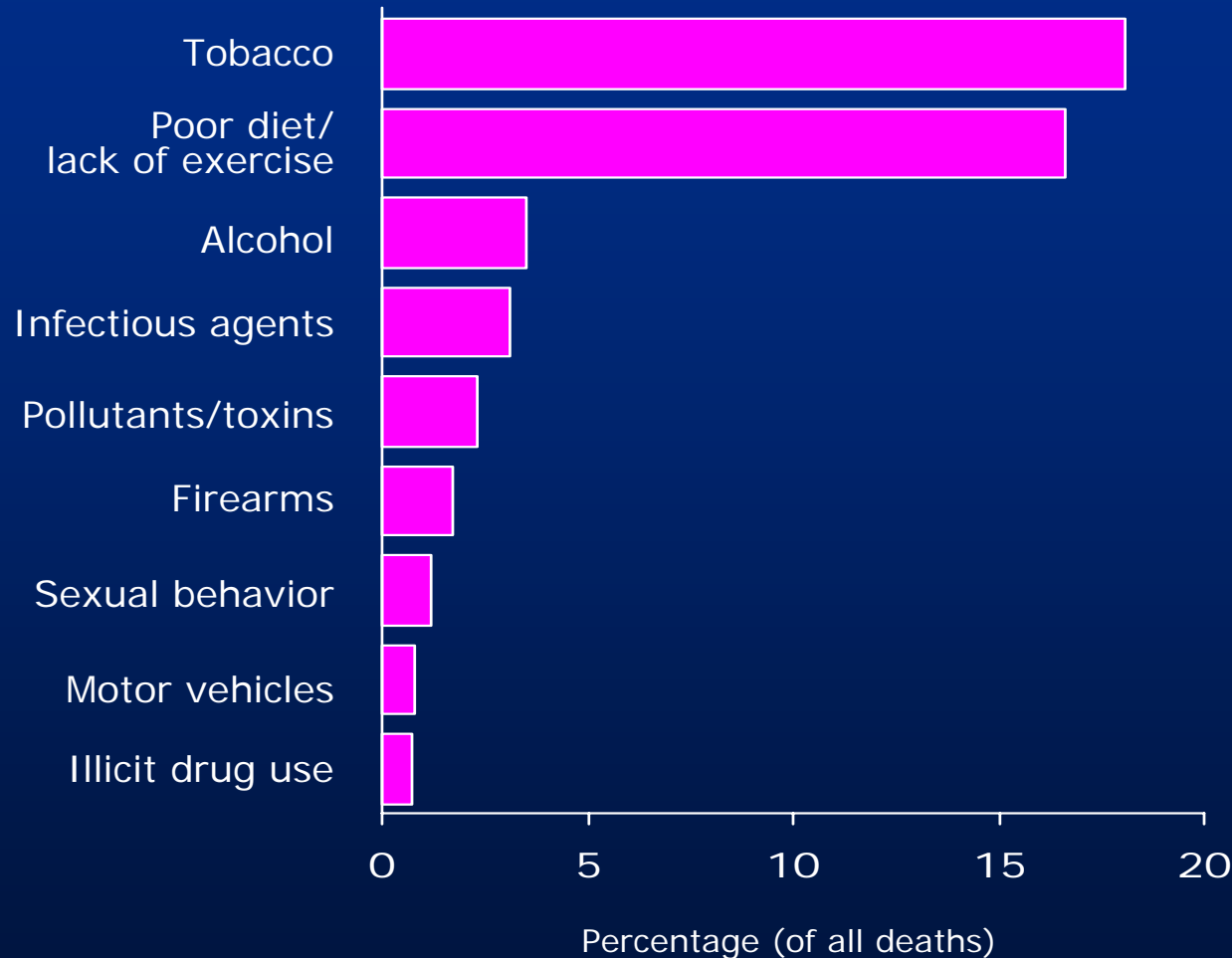


Source: Behavioral Risk Factor Surveillance System, CDC.

THE PERFECT STORM



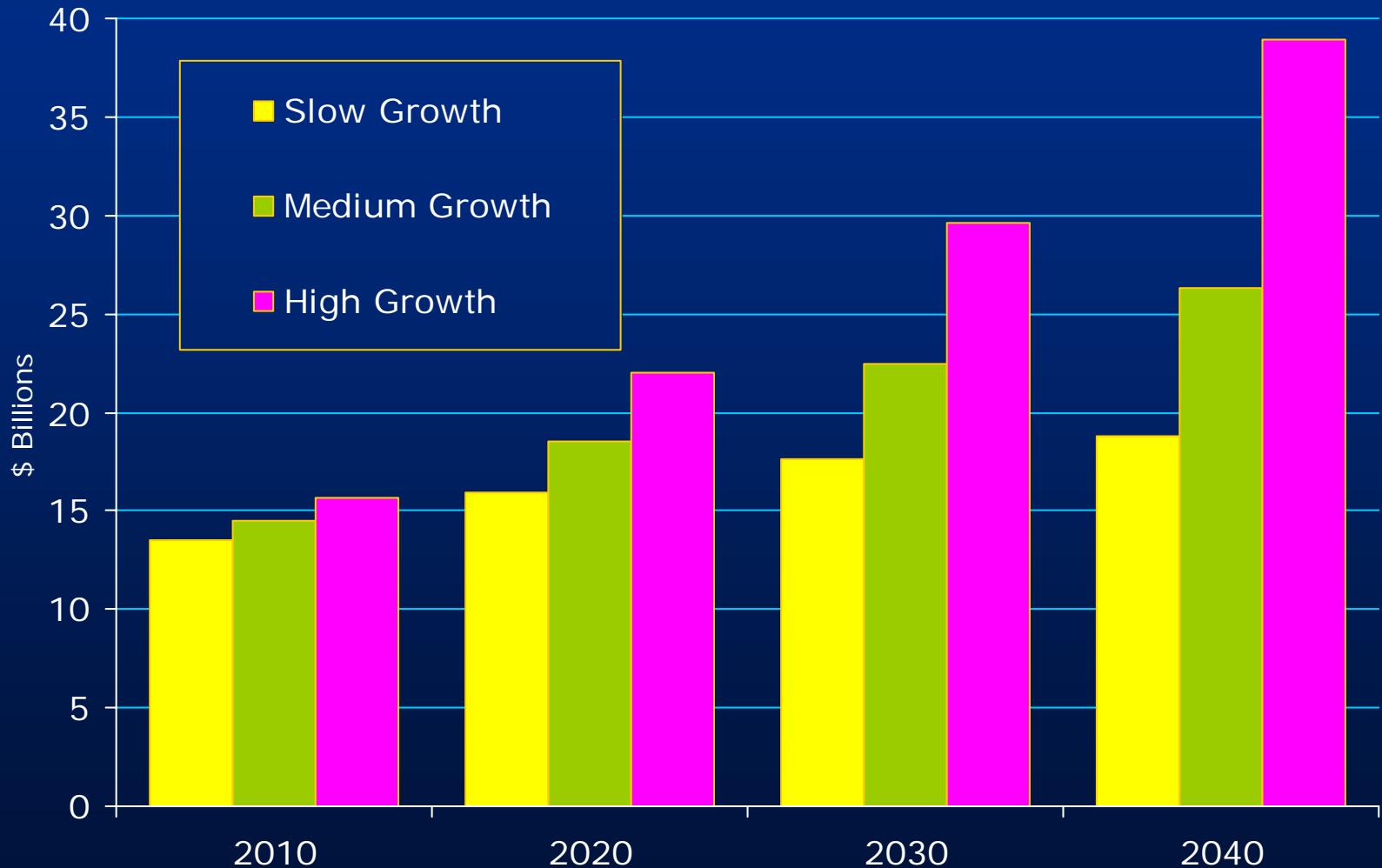
Actual Causes of Death in United States – 2000



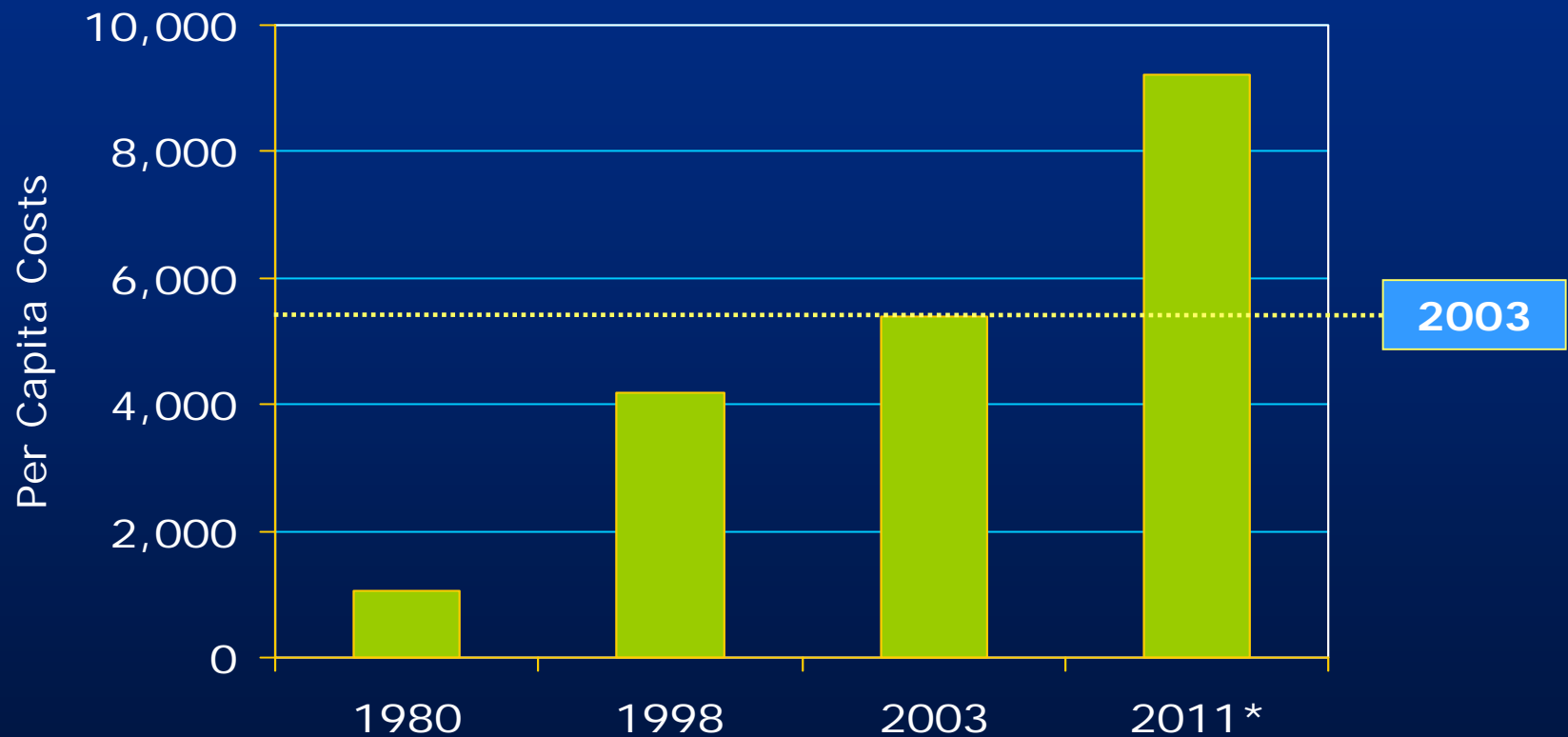
Sources: * National Center for Health Statistics. Mortality Report. Hyattsville, MD: US Department of Health and Human Services; 2002

† Adapted from McGinnis Foege, updated by Mokdad et. al.

Projected Cost of Overweight and Obesity in Texas, 2010-2040



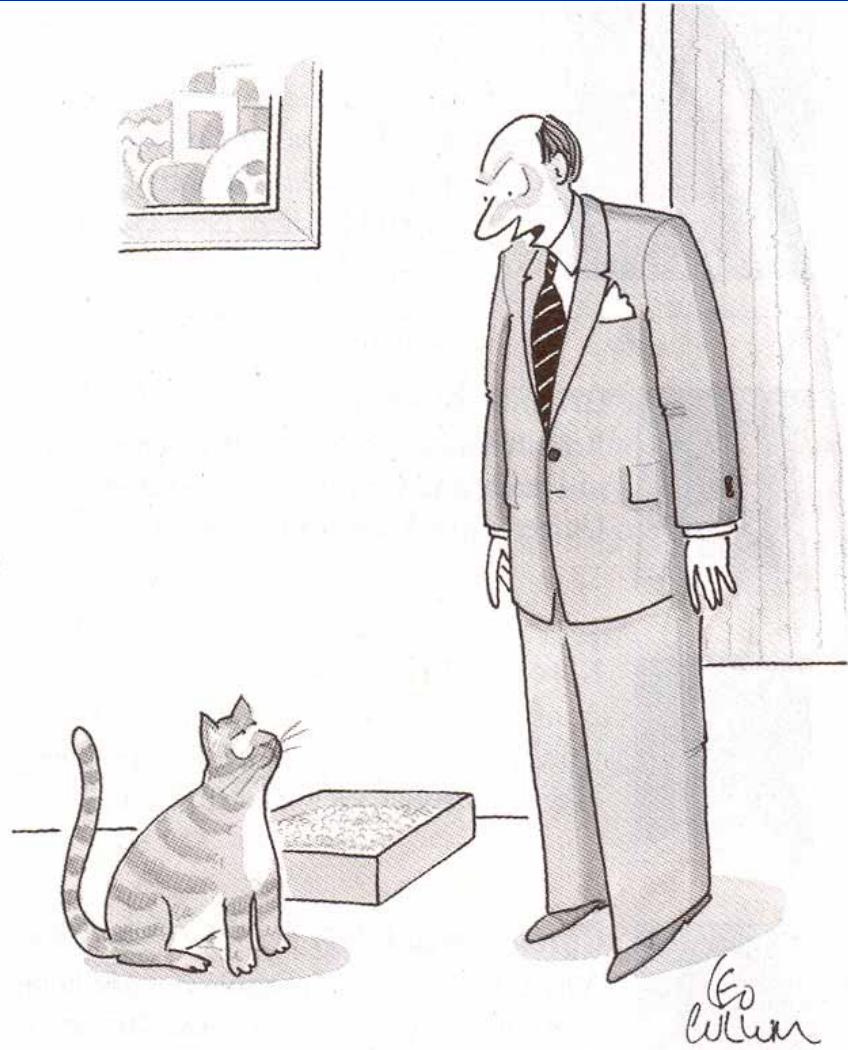
Growth in National Health Expenditures 1980–2011*



Source: Levit et al. Health Affairs 2002;21:172–181.

*Projection from Heffler et al. Health Affairs 2002;21:207–218.

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"Never, ever, think outside the box."

Health Care: Are We Getting Our Money's Worth?

0 years



People of Texas

65 years +

Medical
Costs

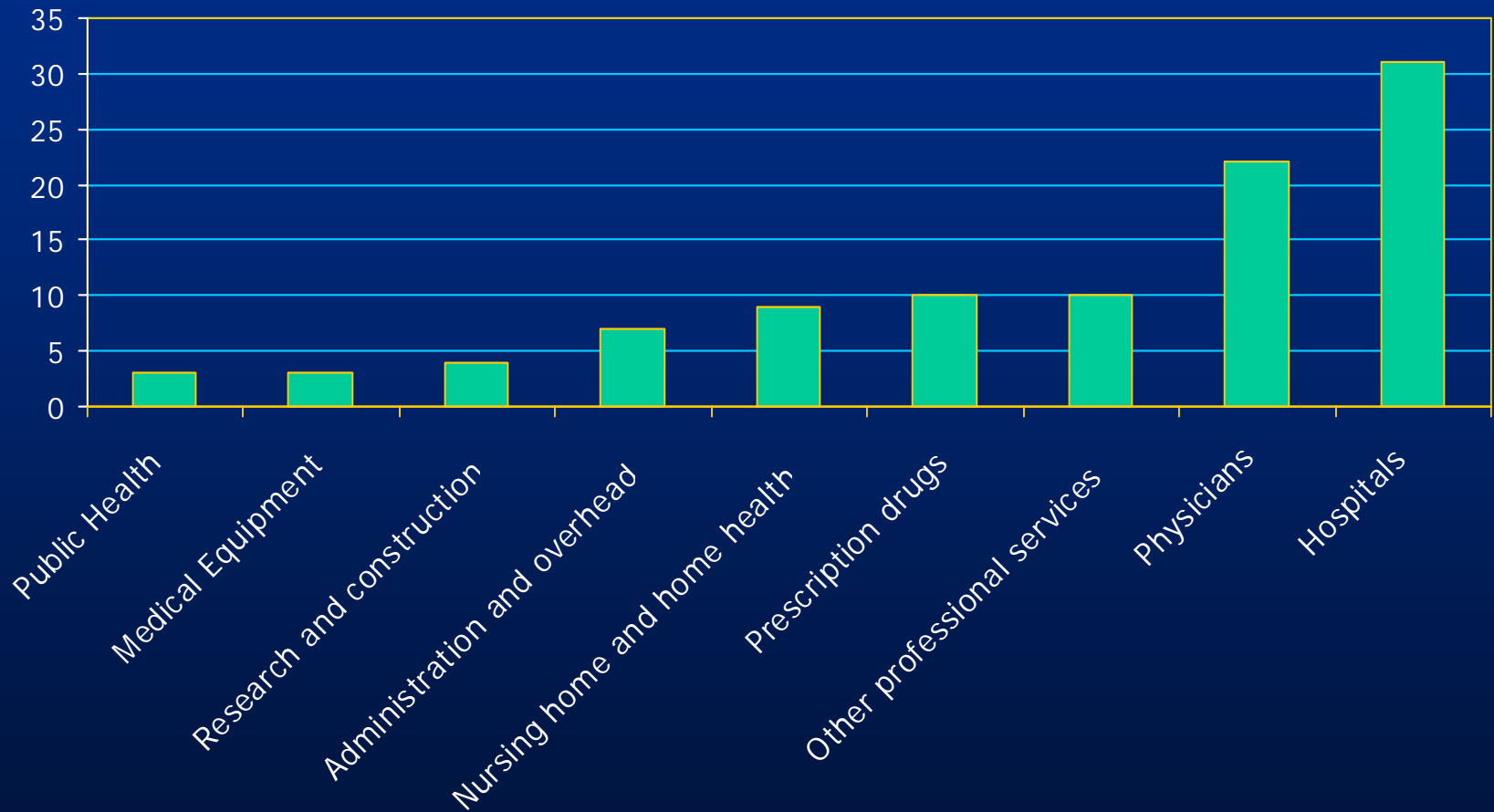


Public
Health



Dollars Expended

2002 Health Care Spending



Magic Bullets?



Cost of Gastric Bypass Surgeries



\$30,000

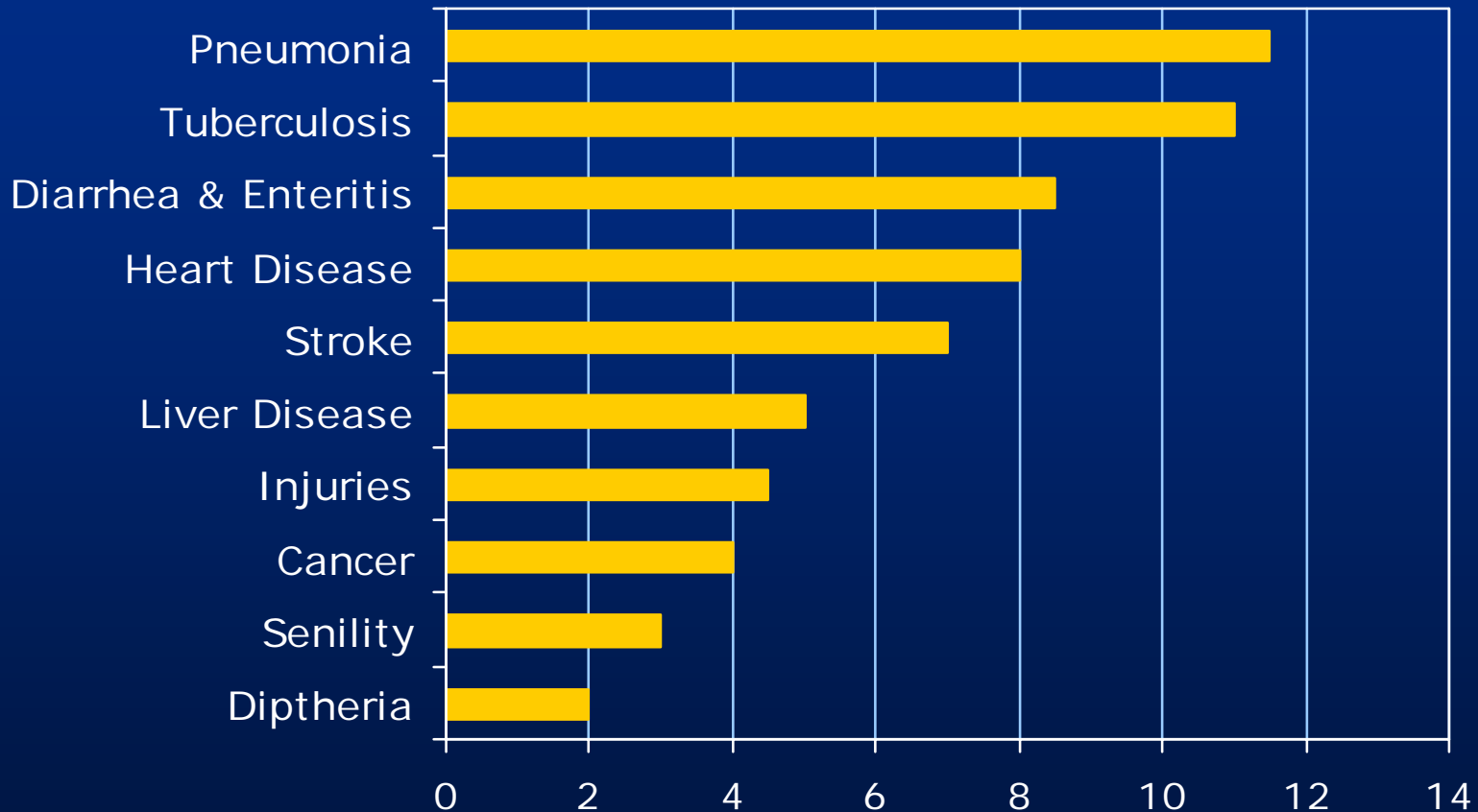
x 1 million

\$30 Billion

*The physical health of Texas will
determine its fiscal health...*

Eduardo J. Sanchez, M.D., M.P.H.
Texas Commissioner of Health

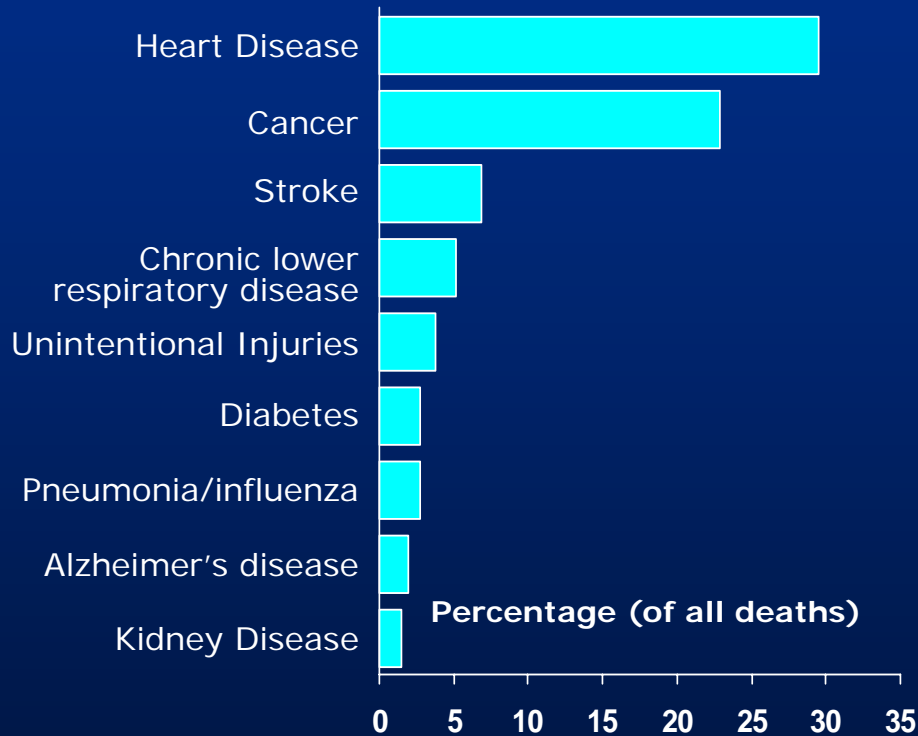
Leading Causes of Death–1900



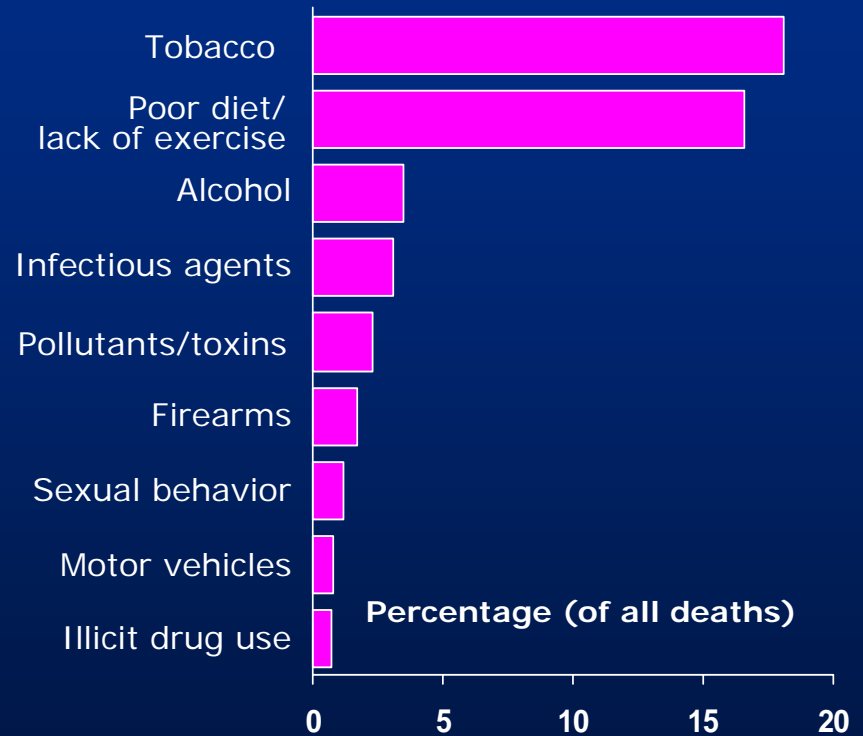
Source: Achievements in Public Health, 1900-1999: Control of Infectious Diseases.
MMWR, July 30, 1999.

Causes of Death in United States – 2000

Leading Causes of Death*



Actual Causes of Death†



Sources: * National Center for Health Statistics. Mortality Report. Hyattsville, MD: US Department of Health and Human Services; 2002

† Adapted from McGinnis Foege, updated by Mokdad et. al.

Success of Tobacco Intervention

Trends in Cigarette Smoking Prevalence

(%), by Gender, Adults 18 and Older, US, 1965-2001



Source: National Health Interview Survey, 1965-2001, National Center for Health Statistics, Centers for Disease Control and Prevention, 2003.

Americans and Fast Food



1970

\$6 billion



2001

\$110 billion



2010

\$?

Texas State Strategic Health Partnership

Nearly 100 Organizations

- Government agencies
- Voluntary health agencies
- Hospitals
- Nonprofit organizations
- Educational institutions
- Professional organizations
- Health advocates
- Community organizations

Texas State Strategic Health Partnership Goals

- Promoting healthy nutrition and physical activity
- Promoting healthy choices with regard to risky behaviors
- Recognizing mental health as a public health issue
- Increasing rates of high school graduation, adult literacy and college attendance to improve socioeconomic and health status
- Reducing health threats due to environmental and consumer hazards
- Reducing infectious disease

Who's missing?

Who's missing?

Business and Philanthropic Leaders

- ✓ Healthy People
- ✓ Healthy Workforce
- ✓ Healthy State

The Health of Texas...

...It's Up to Us.

